



Year 6  
PSHE- Anti-Bullying

Key Vocabulary

Bullying	Repetitive, intentional hurting of another person
Intentional	Doing something on purpose not by accident
Encourage	Supporting and giving someone confidence to act in a certain way
United	Joined together and agreeing about something
Reinforce	The action of strengthening something or supporting it

Types of bullying



Verbal

Calling names, threatening, being hurtful



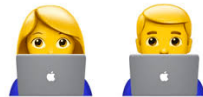
Physical

Hitting, kicking, hurting someone physically



Emotional

Leaving people out, whispering about others,

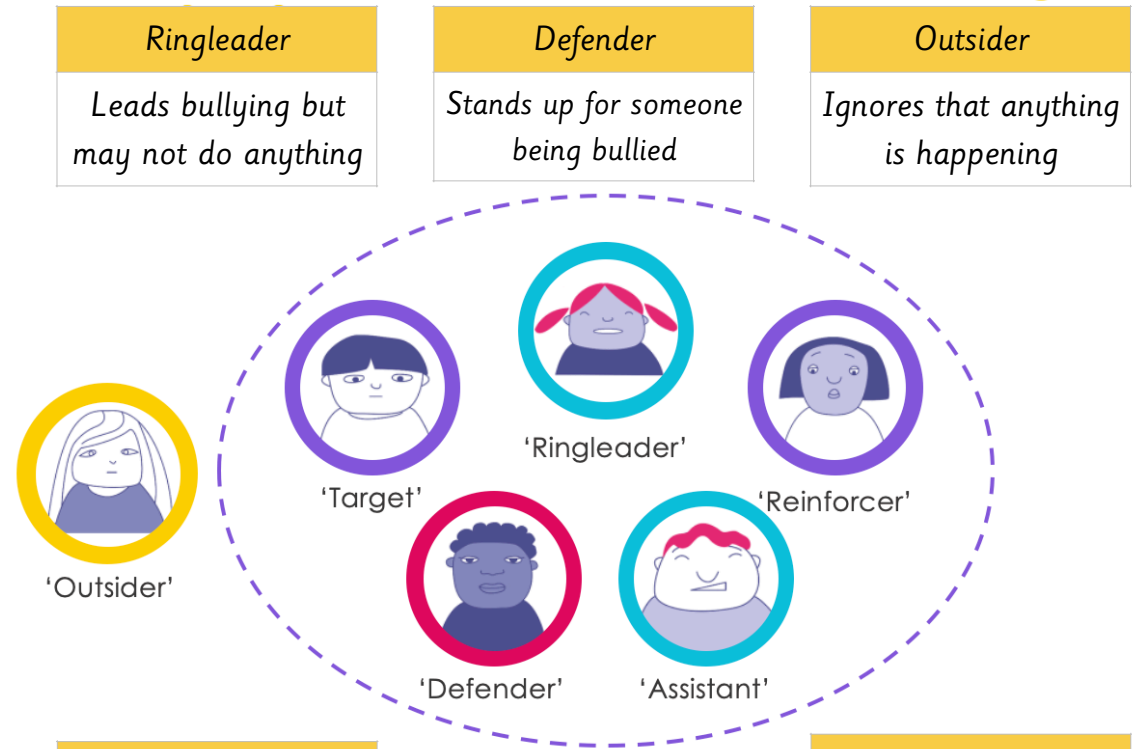


Cyberbullying

Using social media, sending messages or pictures



Bullying can be a group behaviour with different roles played by different people



Ringleader

Leads bullying but may not do anything

Defender

Stands up for someone being bullied

Outsider

Ignores that anything is happening

Target

The person who may be being bullied

Assistant

Involved in the bullying

Reinforcer

Encourages the ringleader

If I see bullying how can I help?

Tell someone

Include people

Don't ignore it