



Date:

Autumn Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	<p>"Meat Free Mondays"</p> <p>Margarita Pizza with Herby Diced Potatoes & Sweetcorn</p>	<p>Spaghetti Bolognese with Broccoli</p>	<p>Roast Chicken with, Roast Potatoes, Carrots & Gravy</p>	<p>Chicken Tikka with Rice & Peas</p>	<p>Crispy Battered Fish with Chips & Baked Beans</p>
Vegetarian Selection	<p>Cheese & Tomato Quiche with Herby Diced Potatoes & Sweetcorn</p>	<p>Vegetarian Enchiladas & Broccoli</p>	<p>Creamy Vegetable Pie with Puff Pastry Top, MRoast Potatoes & Carrots</p>	<p>Tomato & Basil Pasta with Peas</p>	<p>Quorn Nuggets with Chips & Baked Beans</p>
Picnic	<p>Freshly Prepared Sandwich, Wrap or Baguette, with Mixed Salad, Healthy Snack, Dessert of the Day or Fresh Fruit</p>				
Jacket Potatoes	<p>Crispy Baked Jacket Potato with a Choice of Fillings, Mixed Salad Dessert of the Day or Fresh Fruit</p>				
Desserts	<p>Jam doughnut muffins</p>	<p>Raspberry Oatie Bar</p>	<p>Fruit in Jelly</p>	<p>Ginger Biscuit with Fruit</p>	<p>Chocolate Shortbread</p>

Available Daily: Fresh Bread, Water, Fresh Fruit and Yoghurt

