



**Date:**

**Autumn Week 1**

|                             | <b>Monday</b>  | <b>Tuesday</b>                                     | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>   |
|-----------------------------|--|--|---|--|---|
| <b>Main Event</b>           | "Meat Free Monday"<br>Margherita Pizza with<br>Potato Wedges &<br>Sweetcorn  | Italian Chicken &<br>Tomato Pasta with<br>Broccoli | Roast Gammon with<br>Roast Potato, Gravy &<br>Carrots   | Cottage Pie with Sweet<br>Potato Top & Green<br>Beans    | Crispy Battered Fish<br>with Chips & Baked<br>Beans or Peas |
| <b>Vegetarian Selection</b> | Quorn Chow mein &<br>& Sweetcorn   | Vegetarian Curry with<br>Rice & Broccoli           | Veggie Sausage with<br>Roast Potato, Gravy &<br>Carrots | Macaroni Cheese with<br>Dough Sticks with<br>Green Beans | Pizza Pinwheels with<br>Chips & Baked Beans<br>or Peas      |
| <b>Picnic</b>               | Freshly Prepared Sandwich, Wrap or Baguette, with Mixed Salad, Healthy Snack,<br>Dessert of the Day or Fresh Fruit |  |   |  |   |
| <b>Jacket Potatoes</b>      | Crispy Baked Jacket Potato with a Choice of Fillings, Mixed Salad<br>Dessert of the Day or Fresh Fruit             |  |   |  |   |
| <b>Desserts</b>             | Chocolate Crunch<br>Cookie   | Apple Flapjack                                     | Fruit In Jelly  | Honey & Oat Muffins                                      | Chocolate & Vanilla<br>Swirl                                |

**Available Daily:** Fresh Bread, Water, Fresh Fruit and Yoghurt

